


DRABCD

Adult & Older Child Resuscitation Guide
Danger, Response, Airway, Breathing, Compression, Defibrillation

1 Danger



- ✓ Check for danger to you, to casualty & to others
- ✓ Call for help

EMERGENCY PHONE 000
or **112** on 

2 Response



Talk & Touch

Responds

- ✓ Reassure, make comfortable
- ✓ Treat bleeding & other injuries

3 Airway

No Response



✓ Check airway

✓ Clear airway



If required,
roll casualty on side to clear airway

4 Breathing



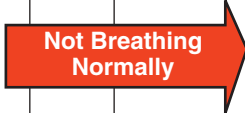
Check for breathing

- ✓ Stable recovery position
- ✓ Observe: Airway, Breathing

✓ Tilt head backwards

✓ Seal casualty's mouth

✓ Give 2 rescue breaths



5 Compression



Compressing chest

- ✓ Place heel of hand on the middle of chest.
- ✓ Compress chest 4-5cm or 1/3 of chest depth 30 times & give 2 breaths.

6 Defibrillation



- ✓ Attach A.E.D. (Automated External Defibrillator) and is available
- ✓ Follow the audio instructions.