


First Aid


- ✓ **DRAB-CD**
- ✓ Protect the casualty from further injury, remove danger e.g. chairs, tables etc.
- ✓ Assist the casualty onto the side as soon as possible after the fit and maintain an open airway
- ✓ Look for and treat any other injuries
- ✓ *Get Help* 

- ⊘ **DO NOT** restrict the casualty's movement
- ⊘ **DO NOT** place anything in the casualty's mouth
- ⊘ **DO NOT** disturb a sleeping casualty
- ⊘ **DO NOT** force the casualty's mouth open

Reminders

CONVULSIONS IN CHILDREN

After convulsion

- ✓ Take off the child's excess clothing
- ✓ Sponge with lukewarm water
- ✓ Cover lightly when body temperature returns to normal and spasms stop
- ✓ *Get Help* 
- ⊘ **DO NOT** over-cool the child

Observe

- Collapse
- Arching of the back and neck
- Blue lips and fingernails
- Twitching, convulsions and spasms of the muscles
- Frothing at the mouth, sometimes with blood
- Return to consciousness with confusion
- Possibly very exhausted and may sleep



Protect the casualty from further injury by removing potential dangers where possible.

Observe

- Overheating due to sickness
- Twitching, convulsions and spasms of the muscles
- Arching of the back and neck
- Blue lips and fingernails
- Eyes rolling upwards



After a convulsion in a child, sponge with lukewarm water to help return body temperature to normal

FITS & SEIZURES

A Fit or “Seizure” occurs when the brain becomes irritated.

A fit can be caused by: epilepsy, a head injury, flickering lights, over-heating, a lack of oxygen, a lack of sugar, or poisoning. A casualty does not have to suffer from epilepsy to have fits, however the treatment is the same. When a casualty is having a fit the casualty must be protected from danger and placed on the side as soon as possible.

DO NOT restrain the casualty or place anything in his/her mouth.

Allow him/her to sleep after the fit.

Consider calling for medical assistance if:

- 1 Seizure persists longer than 5 minutes.
- 2 If casualty has a second seizure within minutes of the first.
- 3 If it is the first time the casualty has had a seizure.

Children under five years old, can suffer fits due to an illness producing a high temperature. (These casualties are treated by sponging with lukewarm water and fanning.)



Assist the casualty onto the side as soon as possible after the fit and maintain an open airway.