# QUICK REFERENCE BITE CHART

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First Aid  FUNNEL WEB SPIDER & SNAKES

✔️ D R A B C D
✔️ Reassure the casualty
✔️ Assist the casualty into a comfortable position; usually lying on the back
✔️ Apply a pressure/immobilisation bandage over the entire limb
✔️ Get Help

❌ DO NOT cut off the blood flow in the limb
❌ DO NOT wash away any venom
❌ DO NOT cut and suck the wound

Reminder  BLUE RINGED OCTOPUS
✔️ Apply a pressure/immobilisation bandage
✔️ Commence mouth to mouth resuscitation as breathing becomes difficult
✔️ Get Help

Reminder  CONE SHELL
✔️ Apply a pressure/immobilisation bandage
✔️ A cold compress may relieve pain
✔️ Commence E.A.R. (mouth-to-mouth resuscitation) as breathing become difficult
✔️ Get Help

Observe
- Puncture marks
- Pain
- Swelling
- Headache
- Fainting/Dizziness
- Muscle weakness
- Difficulty breathing
- Shock:
  - Pale, cold & sweaty skin
  - Rapid and weak pulse
  - Rapid & shallow breathing
  - Nausea/Vomiting
  - Anxiety
  - Becoming drowsy & sluggish

Pressure Immobilisation Bandaging Technique
1. Bandage over the bite site.
2. Then start bandaging from the limbs extremity. E.g. fingers, toes.
3. Continue bandaging up to the start of the limb.
4. Immobilise the limb by splinting.

In cases of blue ringed octopus and cone shell stings commence mouth to mouth resuscitation as breathing becomes difficult.
**RED BACK SPIDER**

(& Blue Bottle, Bee and Insect Bites)

- **D.R.A.B.C.D.**
- Rest and reassure the casualty
- Apply a cold compress (wrapped in a towel/cloth) to bite area
- **Get Help.**

**DO NOT** put ice directly on the skin

**Reminder**

- **BLUE BOTTLE/JELLYFISH**
  - Reassure casualty
  - Reassess cold pack after 10-15 minutes
  - **Get Help.** - if symptoms develop

**DO NOT** rub the affected part

**DO NOT** apply vinegar

**Reminder**

- **BEE STINGS/INSECT BITES**
  - Scrap off sting sideways with finger-nail or sharp edge
  - If casualty has signs or history of allergic reaction: Use pressure immobilisation bandage
  - Assist with prescribed medication
  - **Get Help.**

**DO NOT** remove stinger with tweezers

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**Observe**

- Sharp sting
- Burning pain
- Stinger on skin

Applying a cold compress, wrapped in a towel or cloth to bite area.

**Observe**

- Immediate intense pain
- Red welts
- Breathing problems may develop
- Possible chest pains

**Observe**

- Sudden sharp localised pain
- Stinger may still be present
- Reddened area
- Breathing problems may develop

Scrap off bee stings with a sharp edge or finger nail.
Bites & Stings

First Aid

**TICK**

- Use fine curved forceps
- Press the points down onto the skin on either side of the front part of the tick then close the points and lift or lever the tick out intact
- The tick should be removed slowly allowing it to withdraw its mouth parts
- Apply antiseptic to site
- Get Help

**STONEFISH/STINGRAY**

- Reassure the casualty
- Immerse limb in very warm water
- If very warm water is not available or effective - use cold water
- Get Help

**TROPICAL JELLYFISH** (Sea Wasp, Box Jelly, Irukandji, Jimble etc.)

- Cover the affected area with vinegar
- A cold compress may relieve pain
- Get Help

**Reminder**

- DO NOT burn the casualty in hot water

**TOXIC STATE OF SHARKS**

- Localised swelling
- Loss of muscle power and feeling
- Breathing problems
- Heart stops beating

*Immediate intense pain*

*Welt marks over the affected area*

*Liftover or lever the tick out intact with the forceps points*