1 Danger

- Check for danger to you, to casualty & to others
- Call for help

2 Response

- Reassure, make comfortable
- Treat bleeding & other injuries

3 Airway

- Check airway
- Clear airway

EMERGENCY PHONE 000
or 112 on

If required, roll casualty on side to clear airway
4 Breathing

- Check for breathing
  - Stable recovery position
  - Observe: Airway, Breathing

5 Compression

- Compressing chest
  - Place heel of hand on the middle of chest.
  - Compress chest 4-5cm or 1/3 of chest depth 30 times & give 2 breaths.

6 Defibrillation

- Attach A.E.D. (Automated External Defibrillator) and is available
- Follow the audio instructions.