

6 Tips to Prevent SLIPS, TRIPS & FALLS



Definitions

According to Safe Work Australia, slips, trips and falls result in thousands of injuries every year. The most common ones are musculoskeletal injuries, cuts, bruises, fractures and dislocations, but more serious injuries can also occur.

Knowing common causes of slips, trips and falls, where they can occur and how to prevent them will help you protect workers and visitors at your facilities.



SLIPS

Slips happen when there is **insecure footing resulting in a loss of balance.**



TRIPS

Trips happen when there is a **loss of balance resulting from contact with an object.**



FALLS

Whether it is on the same level or from one to another, falls happen when there is a **failed or missing support.**

Top 6 Prevention Tips



1.

5S System

Maintain good housekeeping and organisation of tools and equipment in workspaces and walkways to prevent injuries.

Implement the **5S System**: Sort, Set in Order, Shine, Standardise, Sustain.



2.

Floor Marking

Guide workers through the workspace and warn pedestrians of hazards. Use floor marking, wayfinding and safety tape throughout the workplace. Discover Seton's range of [floor marking tapes](#).



3.

Provide Traction on Slippery Surfaces

It is quite concerning how often wet or slippery surfaces go unmarked. Providing a permanent solution such as anti-slip treads and nosings, tread coating and anti-slip tape is often the best way to address the issue in the long term. See Seton's diverse selection of [anti-slip treads and nosings](#) and [anti-slip coating](#).



4.

Safety Signs & Labels

Inform workers of contaminated areas, mark tools and equipment for storage and track cleanliness in the workplace. View Seton's range of [safety signs](#).



5.

Spill Containment

Clean up areas where spills occur to prevent slips, trips and falls. Keep spill control and containment products on-hand, ready for use. Discover Seton's range of [spill control solutions](#).



6.

Facility Lighting

Improve pathway and exit visibility to help workers avoid slip, trip and fall hazards. In an emergency, proper lighting can guide workers to safety.



Statistics*

Slips, trips and falls of a person is the **2ND MOST COMMON** cause of workplace injury



In 2016-2017, about

24%

of serious workplace injury claims

resulted from slips, trips and falls incidents

From 2003-2015,

385

worker fatalities

from slips, trips and falls injuries



56%

of slips, trips and falls

were caused by environmental factors**



*SOURCE: safeworkaustralia.gov.au

**Environmental factors can include slippery surfaces following rain or spills, poorly designed or maintained walkways, poor lighting on stairs and walkways and trip hazards, such as poorly stored materials.



THAT'S 25,070 CLAIMS IN A YEAR

Common Causes of Slips, Trips & Falls



Object Obstructing Walkways



Floor Irregularities & Damage



Lighting Inadequacies



Weather Conditions



Stairs & Railings



Step Stools & Ladders



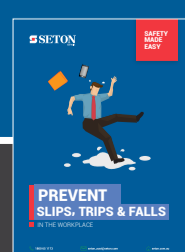
Floor Mats & Runners



Unprotected Edges & Openings



Floor Contamination



Take your safety program to the next level with Seton's **Prevent Slips, Trips and Falls Workplace Guide**